

**The MetroHealth System**  
**Board of Trustees**  
**Community Engagement Committee**  
**April 18, 2018**

Present Committee Members: Maureen Dee, Tom McDonald

Other Trustees: J.B. Silvers

Advisory Committee Members: Dr. Shanail Berry, Linda Bluso, Dr. Nabil Chehade, Fran Dacek, Gail Long, Rev. Tony Minor, Karen Mintzer

Staff: Dr. Akram Boutros, Elizabeth Allen, Mike Phillips, Jane Platten

Guest: Rita Andolsen, Director, Community Communications & Engagement, Dr. James Misak, Vice Chair of Community and Population Health, Dept. of Family Medicine  
Karen Cook, Manager, Community Health Advocacy

Initiative

The meeting was called to order by Tom McDonald at 10:00 a.m.

(The minutes are written in a format conforming to the printed meeting agenda for the convenience of correlation, recognizing that some of the items were discussed out of sequence.)

I. Approval of Minutes – December 20, 2017

The minutes of the December 20, 2017 Community Engagement Committee meeting were approved as presented.

II. Information Items

1. Progress update on Community Health Needs Assessment and Five Priority Areas

Ms. Cook informed the Committee that the Community Health Needs Assessment report was released publicly in late March. The full report along with executive summaries in English and Spanish are available on MetroHealth's website. Ms. Cook then provided updates on each of the five identified priority areas, with some key metrics identified for future reporting on progress.

## 2. Progress update on Infant Mortality and Opioid Epidemic

Ms. Cook noted that much of the work that MetroHealth is doing to address the Opioid Epidemic stems from the Office of Opioid Safety. She highlighted two areas under this priority that will be tracked. One of these is Quick Response Teams – teams of a social worker and law enforcement official that provide a home visit in the wake of an overdose, to provide information, a Narcan kit, and linkages to treatment.

Ms. Cook also noted the *Know the Risks* multi-media campaign as a method of increasing public awareness about the risks of prescription opioids. Rita Andolsen played a significant role in the creation of this campaign, along with partners in County government and the media. Expansion of this program will be monitored for the Committee.

Rita Andolsen then provided an update about the Infant Mortality priority area. MetroHealth was a founding member of First Year Cleveland and has agreed to be a lead agency for the safe sleep arm of their work. Safe Sleep Heroes will be trained in safe sleep practices and will raise awareness in communities and with high-risk individuals. A two-year commitment and grant funding was approved. The second component to be tracked is the Nurse Family Partnership, a program for first-time, low-income mothers from pregnancy through their child's second birthday. The program aims for improved pregnancy outcomes, improved child health and development, and economic self-sufficiency for the family.

## 3. Progress update on Chronic Disease

Dr. James Misak discussed progress on the Chronic Disease priority. Based on MetroHealth's *VIDA* program, a pilot program is being developed to address uncontrolled diabetes in a group of MetroHealth patients. This 8-week program includes cooking lessons, diabetes self-management education, and lifestyle modification including increased physical activity. Based on the success of the pilot, the program can be modified for other communities. Dr. Misak noted that surveys and biometrics lab values will be done before and after the program.

## 4. Progress update on Community Trauma

Rev. Tony Minor discussed the Community Trauma priority. The focus is on adverse community conditions, taking the focus off the person and dealing more with the place and with the residual impacts of trauma, violence and guns on the entire community. The goal is to target one community on the East side and work with the local pastors of that community. Rev. Minor explained the idea of a Healing Circle, a planning table made up of residents and community organizations, to address community issues and to link people in need with services. The next step is to have a training workshop with pastors on trauma and to be able to differentiate between clinical and community trauma.

5. Update on Partnership with Open Table

Dr. Boutros and Jane Platten then highlighted MetroHealth's new partnership with Open Table. This is a one-year contract with a commitment of one hour a week to host tables of 6-8 community volunteers who can provide advice, guidance to persons who are living in poverty and need help to pull themselves up. MetroHealth committed to 15 tables. We will be looking for some employees who need help in addition to community members.

6. Update on Community Building in the Clark-Fulton Neighborhood

Ms. Cook noted significant initiatives that are in development in the neighborhood, such as the Eco-District and the work of CCH and the Office of Community and Economic Development. Dr. Boutros noted that we are hoping to demonstrate that if MetroHealth can impact neighborhood revitalization and still be a viable organization, then other large corporations can do it as well. Our hope is to become a model for others to follow suit.

In closing, Dr. Boutros noted that he would like this Committee to hold the organization accountable and to make sure we are delivering on our commitment to the identified community priorities.

III. Non-Consent Action Items - None

IV. Consent Items - None

There being no further business, the meeting adjourned at 11:16 a.m.

Respectfully submitted,

Elizabeth Heller Allen  
Senior Vice President, External Affairs